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## **GMS NEWSLETTER**

**APRIL 21, 2022** 

#### **EDITION #19**



Welcome to the 2022-2023 school year! I am delighted to be welcoming your children back to school! We have eagerly anticipated the full reopening of our campus. Our continued commitment to fostering resilience, perseverance, grit, empathy, and the ability to communicate effectively in diverse learning partnerships will undoubtedly help our students thrive academically, socially, and emotionally.

GEMS Millennium School, Sharjah is known for an unmistakable culture of excellence, extraordinary care, and possibilities. We nurture in our students a passion for, and commitment to, deep intellectual and personal exploration. GMS students grow up in a community where every student learns at high levels, every student is known and advocated for, and every student personalizes their learning. Our team will continue to embed critical thinking and collaboration across all content areas. We will also continue working diligently to meet the diverse needs of our students through small group instruction across all grade levels, school-wide implementation of personalized learning journeys, and emphasize meaningful, timely feedback to help students work towards academic mastery. Students across the school will participate in our unique Tap-a-Genius Programme which allows them time to explore areas they are interested in such as Kathak, Bharatanatyam, Tabla, Karate, Robotics, Theatre, debate, dance, music, swimming and a whole range of sporting activities.

Our deliberate work to instill tools for self-regulation and emotional wellness will carry on through lessons by our teachers, counsellor and learning specialists. Practices such as naming emotions, communicating needs, self-advocacy, yoga and mindfulness exercises help our students have ownership over their responses to their emotions. We use a team approach to learning the personal narratives of each student in our care while working in partnership with their respective families to determine how best to meet the needs of our students.

One of the greatest characteristics of our learning community is the genuine care and compassion shared between staff, students, and parents. GMS is a place where staff and families come together to ensure that the children entrusted into our care grow to be productive, confident, compassionate members of a global society. We welcome families to our school, provide volunteer opportunities, and offer other exciting events and programmes.

I eagerly look forward to greeting students and families. Together, I know we will make this school year one of growth and achievement for all children.

## **TWINNING PROGRAM**

"A collaborative way of imparting the importance of SDG goals."





#### Coming together is a beginning; keeping together is progress; working together is success. ...

GEMS Millennium School is delighted to be associated with <u>IES Bhavans– Kuwait and</u> <u>Gulf Asian school- Sharjah</u> to take forward a productive partnership through our 'GEMS Twinning Ambassadors' Society' in achieving to share best sustainable practices by ensuring our students, teachers and local communities reach their highest potential. By providing a broad spectrum of experiences to our stakeholders, we recognize that a strong partnership with you will make a great difference in our children's education in making informed and accurate decisions in becoming future global "solutionaries".



The journey started in early September 2021. The first step was to get connected with an international and a UAE local school. Schools regularly met on Zoom every week to decide and discuss the progress on the common activities planned. Both schools decided to choose SDG 3 (Health and Well-being) and SDG 15 (Life on land) and started working to achieve these goals by creating awareness among students, staff, parents and communities through different activities like T- shirt painting, Plastic collection drive, Plant a tree, Talk by an Expert on Well-being, Yoga and Aerobics sessions, Designing projects based on these SDG goals, Surveys and so on. Selected students of Grades 2 to 4 actively participated in these events and later cascaded the message and created awareness among student based groups under the guidance of Ms. Sunitha Sudheer and Ms.Sreeja Suresh.

The culmination of the event was spellbound when the students came dressed in vibrant T- shirts and conducted a live Flash Mob on Well-being.

The guidance and motivation given by our Principal, Mrs Teresa Varman, Head Primary, Ms. Madhulikha Varma and Grades 1&2 Supervisor Ms. Mary Anthony had greatly helped us in successfully completing this Twinning program.













#### **STUDENT WATER INNOVATION CHALLENGE**

Many congratulations to Nileena Mariam Jonesh of Grade 5G1. We are delighted to announce that Nileena has won the UAE Student Water Innovation Challenge 2022.

The Award Ceremony was conducted in the US pavilion at Expo 2020 on 22nd March 2022. Along with the trophy and certificate, Nileena has received Free Ambient water dispenser installation for the School for a year.

You have done us very proud, Nileena! Here's wishing you even greater glory.







RENEA



Mentor







#### QURAN HIFDH AND RECITATION COMPETITION

It is a pleasure to announce that two of our students have won the prize in the Quran Hifdh and Recitation Competition.

Twelve schools participated in the competition and the event was organized virtually by Westminster School Sharjah on 16<sup>th</sup> April 2022.







#### **PARENTS SPEAK:**

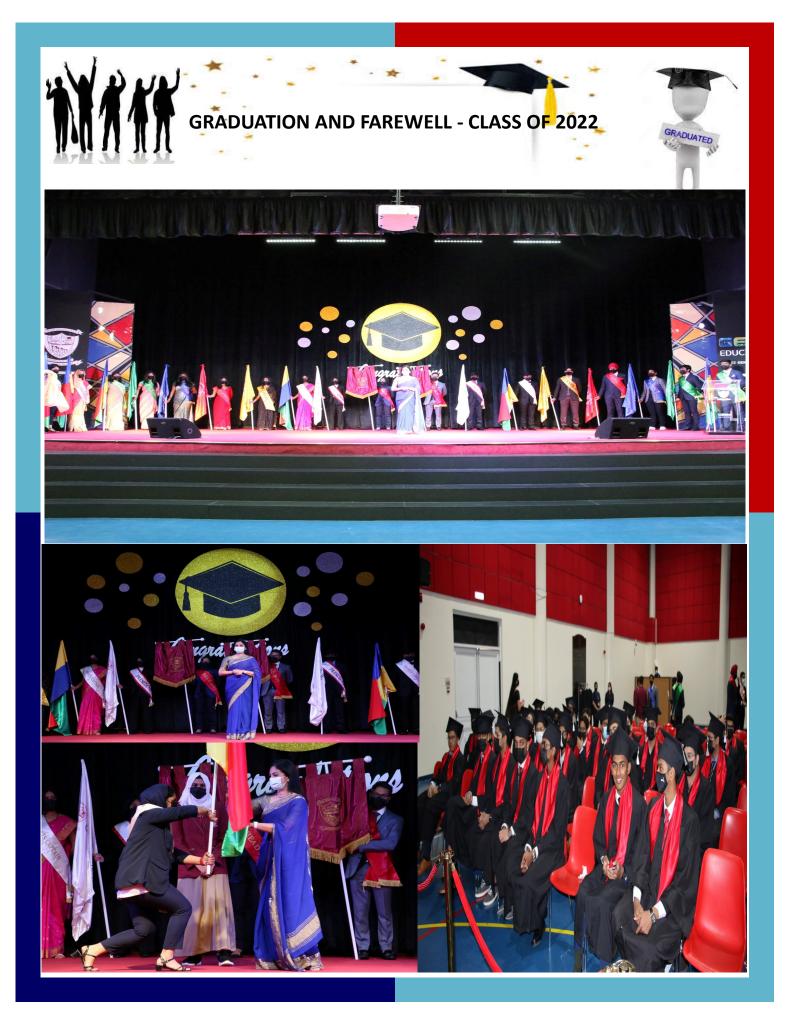
Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work .

Prophet Muhammad, Peace be upon him said, "Protect yourself from hell-fire even by giving a piece of date as charity."

Charity is always appreciated in all Holy books irrespective of the religion .We as parents are happy to inculcate moral values in Nileena at this young age to distribute lftar kits to the poor and needy at Labour camps. When the contribution for Zakat is from her prize money it gives double happiness.









#### A WARM WELCOME TO OUR PRE-KG STUDENTS NEW ACADEMIC YEAR 2022-2023



#### FIRST DAY AT SCHOOL

#### **NEW ACADEMIC YEAR 2022-2023 (KINDERGARTEN)**



#### **EXCITED TO BE BACK AT SCHOOL**



### FIRST DAY AT SCHOOL NEW ACADEMIC YEAR 2022-2023 (GRADES 1 & 2)



#### FIRST DAY AT SCHOOL

#### NEW ACADEMIC YEAR 2022-2023 (GRADES 1 & 2)





We learn something new everyday











Families play an important role in how well students do in school.

If you're a parent, you may be interested in what you can do at home to support your child's **Social-Emotional Health**. Here are a few tips and ideas to support your child during this transition back to school and during the year:

CHECK IN WITH YOUR CHILD



- How do you feel about going back to school?
- o Is anything worrying you?
- What was a fun or hard part of today?

#### CREATE A NEW ROUTINE TOGETHER-TO STAY HEALTHY THROUGH

- Exercise and sleep
  Good nutrition and sleep
- o Managing screen time
- IF YOUR CHILD IS ANXIOUS

- o Listen to their concerns
- o Share safety steps they can take
- o Answer their questions honestly
- o Create a goodbye routine

- o Staying calm and supportive
- Helping your child name their emotions
- o Focus on positive things
- o Drawing and writing together

ENCOURAGE YOUR CHILD BY





## HOW TO KEEP COOL THIS SPRING AND SUMMER.



F

**Check your air filters regularly.** Filters can become clogged and dirty resulting in slow airflow through the unit.

H



Installing a programmable thermostat is a good way to cut down on your cooling costs during the Spring and Summer. It's an easy way to adjust the temperature during the day.



**Consider buying fluorescent light bulbs.** They use less energy and emit less heat than incandescent light bulbs.

H



Check your ducts out. Any leaky or dirty ducts can cause your air conditioner to work less efficiently.



**Try using a fan.** Be sure and set it counterclockwise so you can feel the breeze.



Plant some trees or shrubs around your air conditioning unit. Be sure and leave room for the air to be able to flow freely.



At night, open your windows and place a fan there to allow the cooler temperatures to permeate into the house. During the day, close your doors, shut the windows and pull down the shades.