

# GMS NEWSLETTER

MAY 19, 2020

EDITION #3



## From the Principal's Desk



It has been six wonderfully successful weeks since the new academic year began, and I would like to thank everybody for their hard work, engagement and support of our Remote Learning Programme. This includes the students for their resilience, energy and enterprise; the staff for their hard work, passion and innovation; and parents, for the time and obvious support you are giving your children. It is not easy for any of us but we are definitely stronger than we think. As a school community, we continue to **#Stand Together # Rise Together.**

As we reflect on the impact the coronavirus pandemic has had on us, we begin to realize the little things that we took for granted: simple things like waking up and going to school, sharing Iftar with friends and family, playing a game of football or going for a swim. Our world as we knew it has changed and it happened so fast that we are still finding our feet!

Every cloud has a silver lining. Looking on the brighter side, we can all claim that our technology skills have improved considerably and we are spending more time at home with family. We see more students helping their parents with chores at home – mopping and sweeping, washing dishes and even cooking! Students are using the time to rediscover themselves and pursue their passions. Imagine the creativity that will emerge during this time of quarantine. Imagine the art, the songs, the writing, the stories, the incredible ingenuity that will be born from this time. Our Instagram and Facebook pages are filled with videos of students learning new skills and letting their creativity flow. Our classrooms are still abuzz with excited students and our virtual campus is still as vibrant as ever, never mind that they are virtual! We are determined to appreciate what we have, and we hope that we will emerge brighter and better!

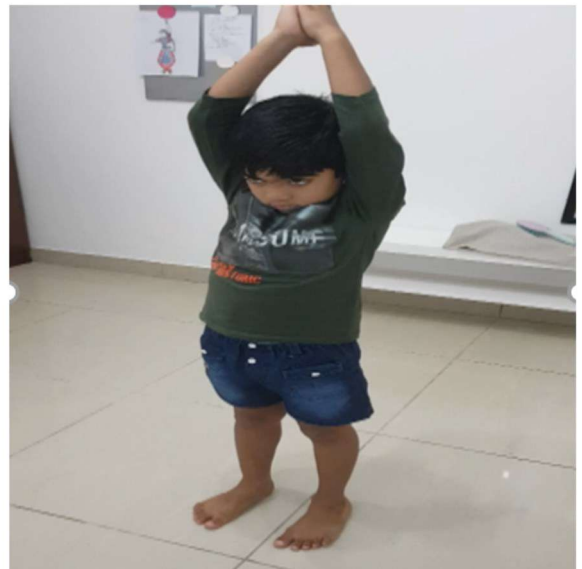
Hope means different things to different people. I also believe the meaning of hope, and what we hope for, changes all the time- never more so than at present. Hope is the state of mind that believes and desires a positive outcome to situations in your life. It is the feeling that things will turn out for the best. Hope is going through life expecting with confidence that everything is going to be okay.

Life is not what happens to us. Life is what we make it. Remember, the greater the storm, the brighter the rainbow. Tomorrow WILL be a better day.

May the Almighty keep you and your families safe and may your faith be strengthened during this unprecedented time.

**Eid Mubarak!**

## MORNING MINDFULNESS

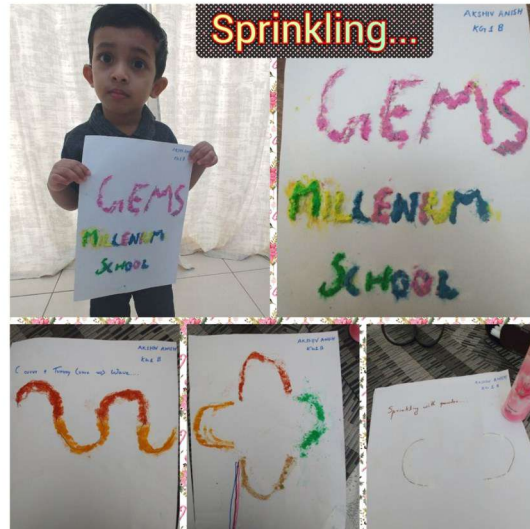




# RLP ACTIVITIES - KINDERGARTEN



ORANGE  
COLOUR



SPRINKLING  
ACTIVITY



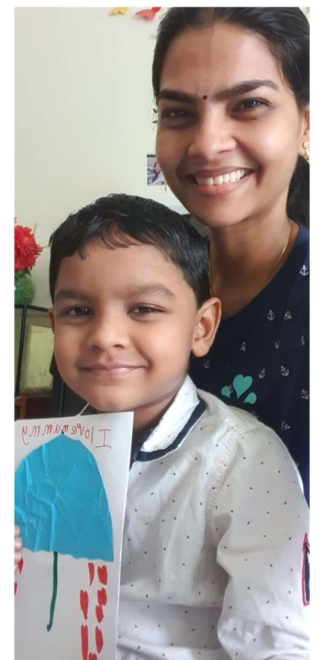
MY  
CHARITY  
BOX



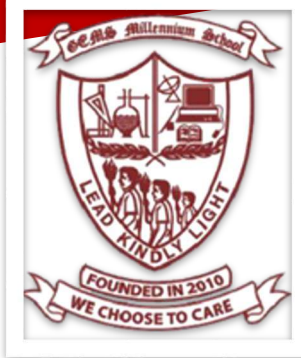
MOTHER'S  
DAY



NUMBER 1



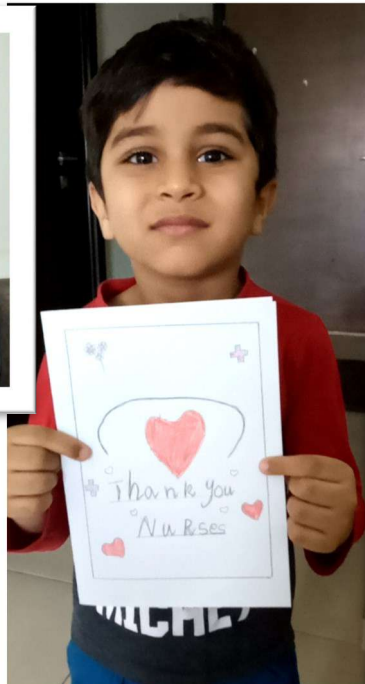
## RLP ACTIVITIES - KINDERGARTEN



FREEFLOW ACTIVITY



INTERNATIONAL NURSES DAY

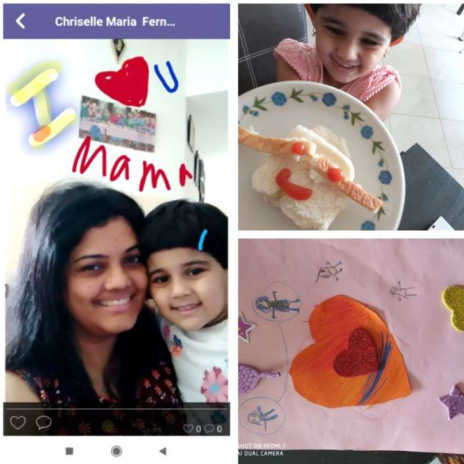




# MOTHERS' DAY

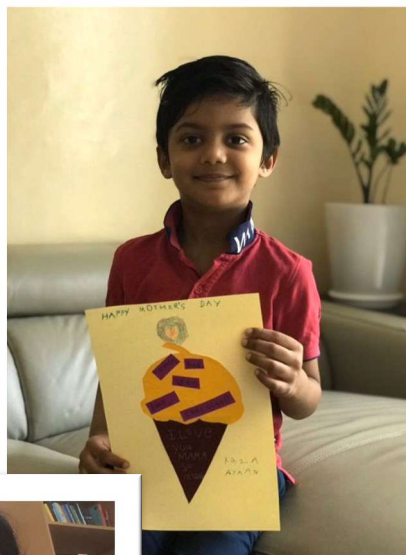
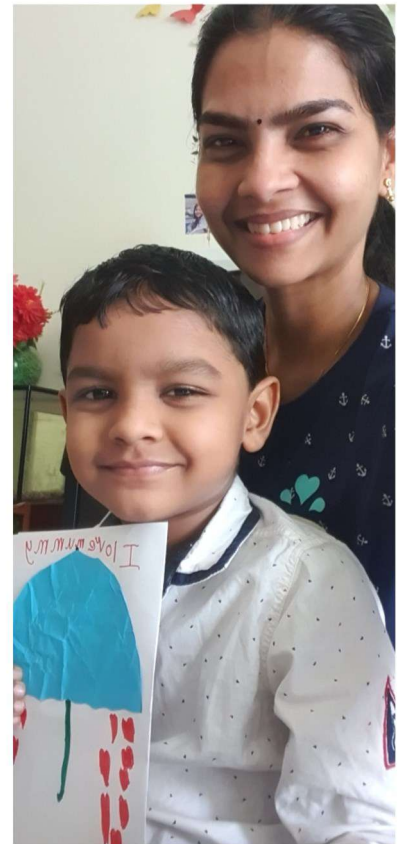


## KINDERGARTEN

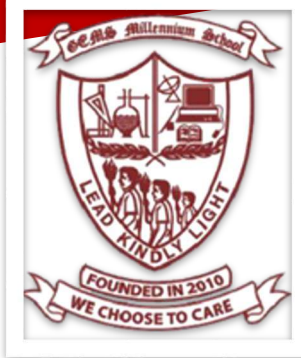




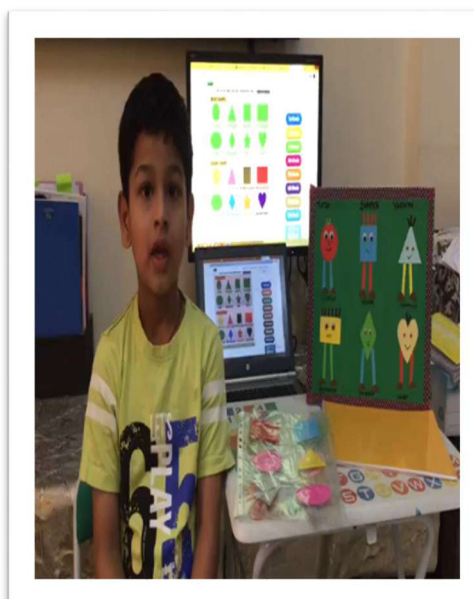
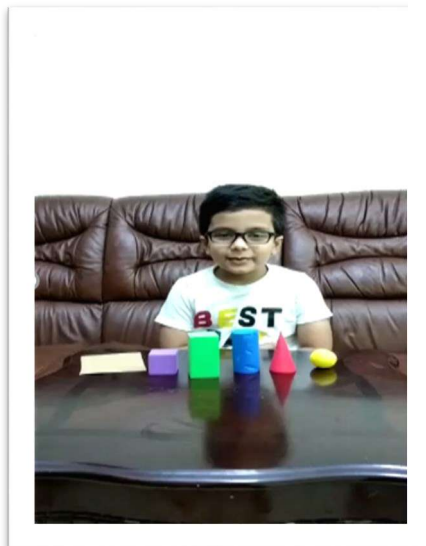
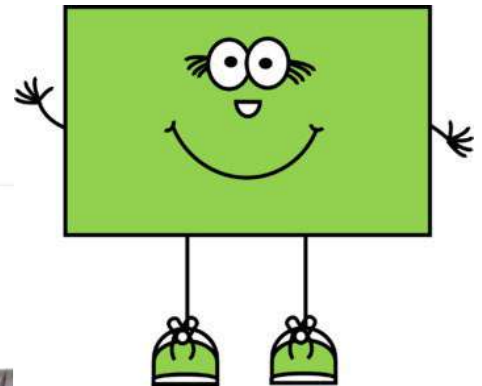
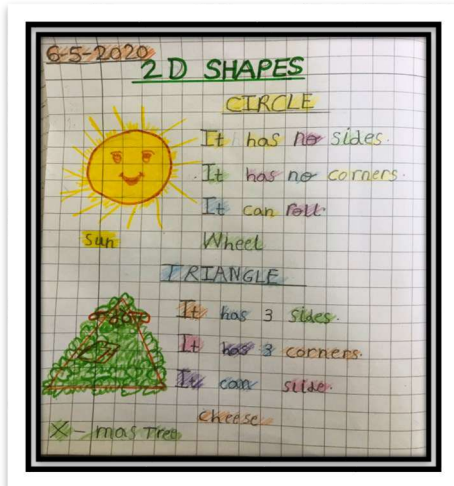
# MOTHERS' DAY



## RLP ACTIVITIES - PRIMARY

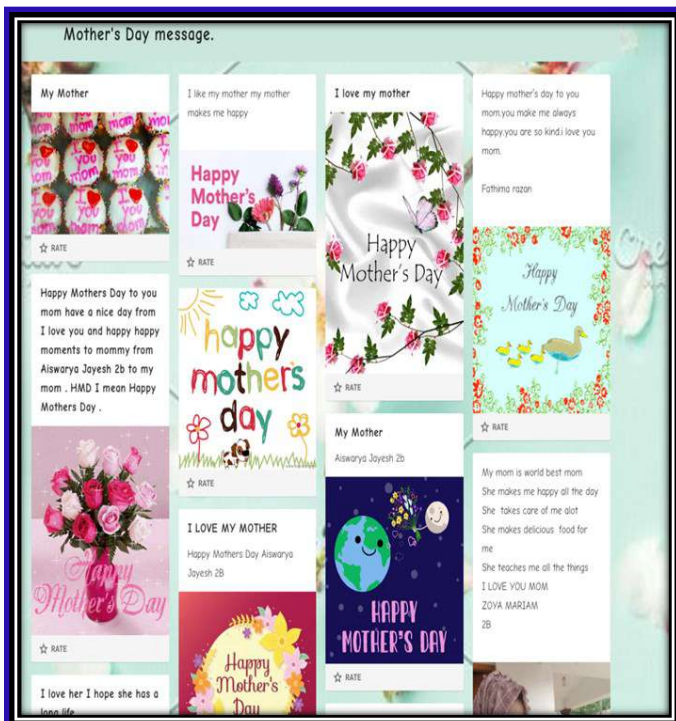


### MATH ACTIVITY - SHAPES



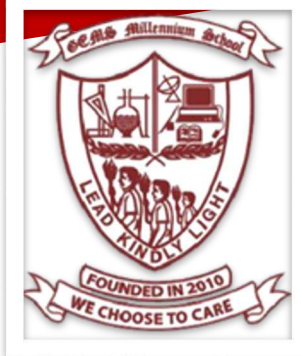


# MOTHERS' DAY

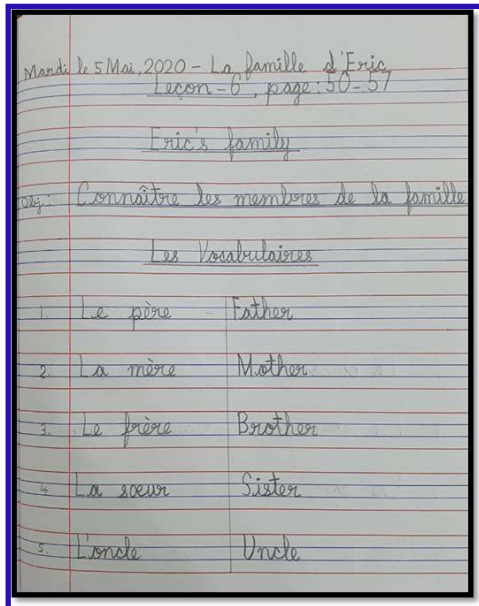




# RLP ACTIVITIES - PRIMARY



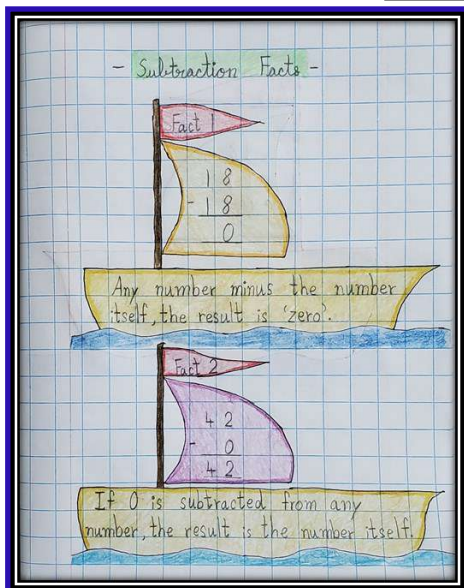
## FRENCH NOTEBOOK WORK



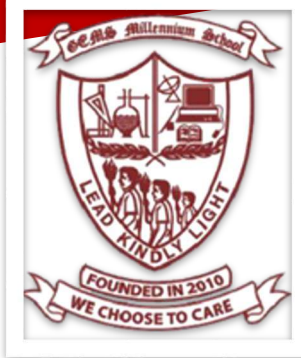
## FAMILY TREE



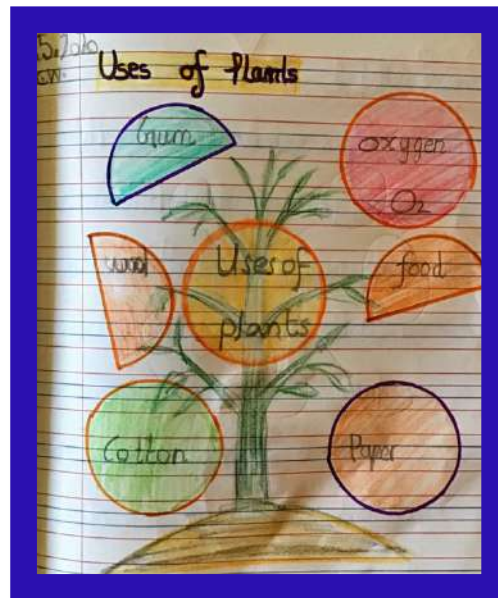
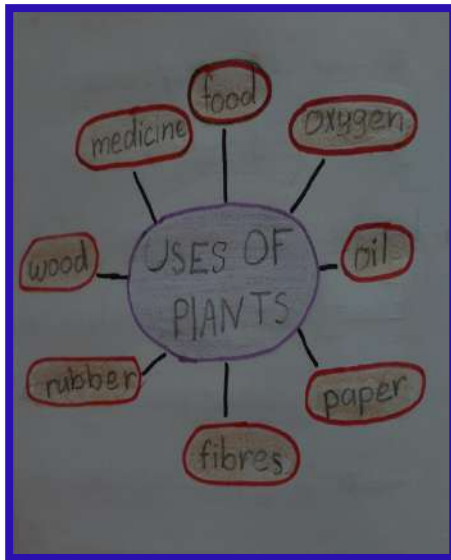
## SUBTRACTION FACTS



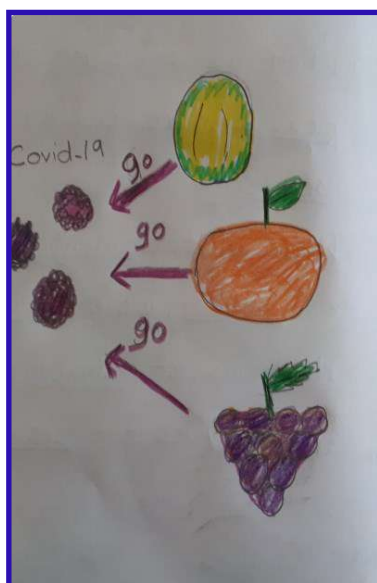
# RLP ACTIVITIES - PRIMARY



## MINDMAP




## EVS NOTEBOOK WORK



2. Citrus fruits protect us from COVID-19.

Ans Citrus fruits are rich in Vitamin-C that increases the production of the white blood cells that fight the infection and boost our immune system like Lemon, orange etc.



Coconut

Challenge

Q. Is a coconut fruit or seed?

Explain.

Ans. The coconut is all of these. It seed, fruit and nut.

Coconut is a seed it is a reproductive part of the tree.

Coconut is a fruit because it is a fibrous one-seeded.

Coconut and coconut is a nut because it is a one seed fruit.



## RLP ACTIVITIES - PRIMARY

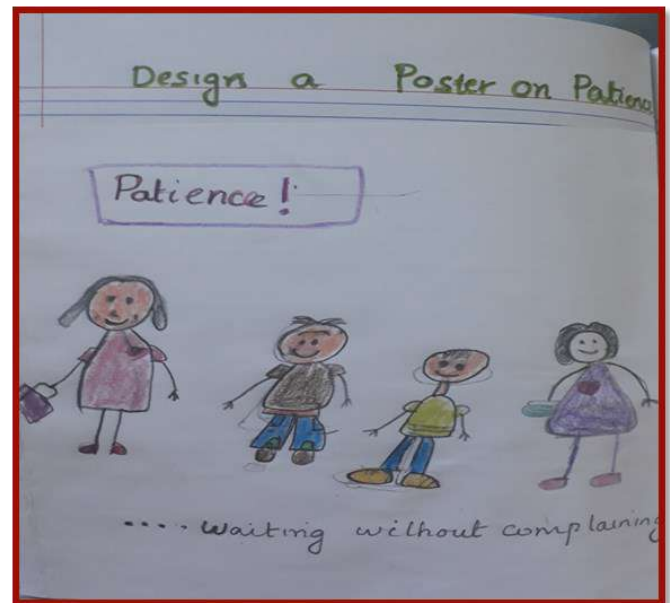


### EMPATHY



1. Someone's house is on fire. I can show empathy by helping the affected people with food, clothing and shelter.
2. The boy is unwell. I can show empathy to him by reading stories to him and giving him medicines.

### POSTER ON PATIENCE



3.5.20 **Use the Dictionary - ACTIVITY**

Qm- Find atleast ten different words that have almost the same meaning as "Patience"

poise	diligence
moderation	self-control
toleration	perseverance
restraint	forbearance
composure	humility

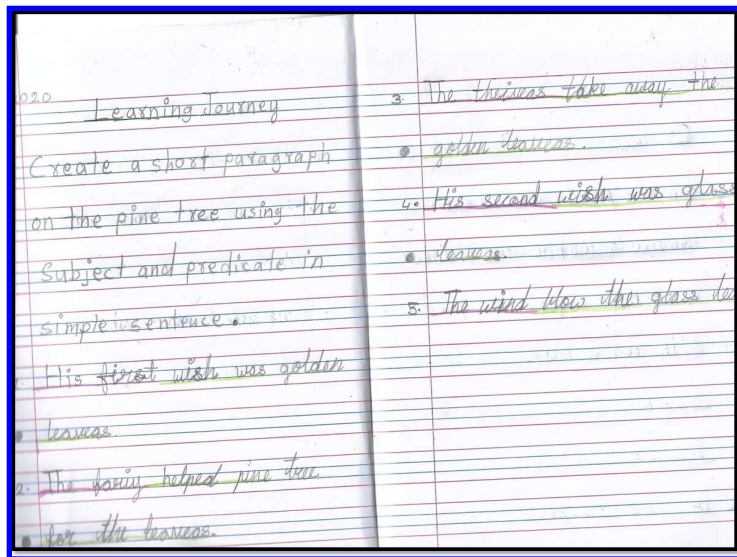
4.5.2020 **Synonyms of Patience**

1. Tolerance & bearing
2. Restraint & Persistence
3. Fortitude & Endurance
4. Kindness
5. Calmness
6. Self control
7. Perseverance

## RLP ACTIVITIES - PRIMARY



### ENGLISH NOTEBOOK WORK

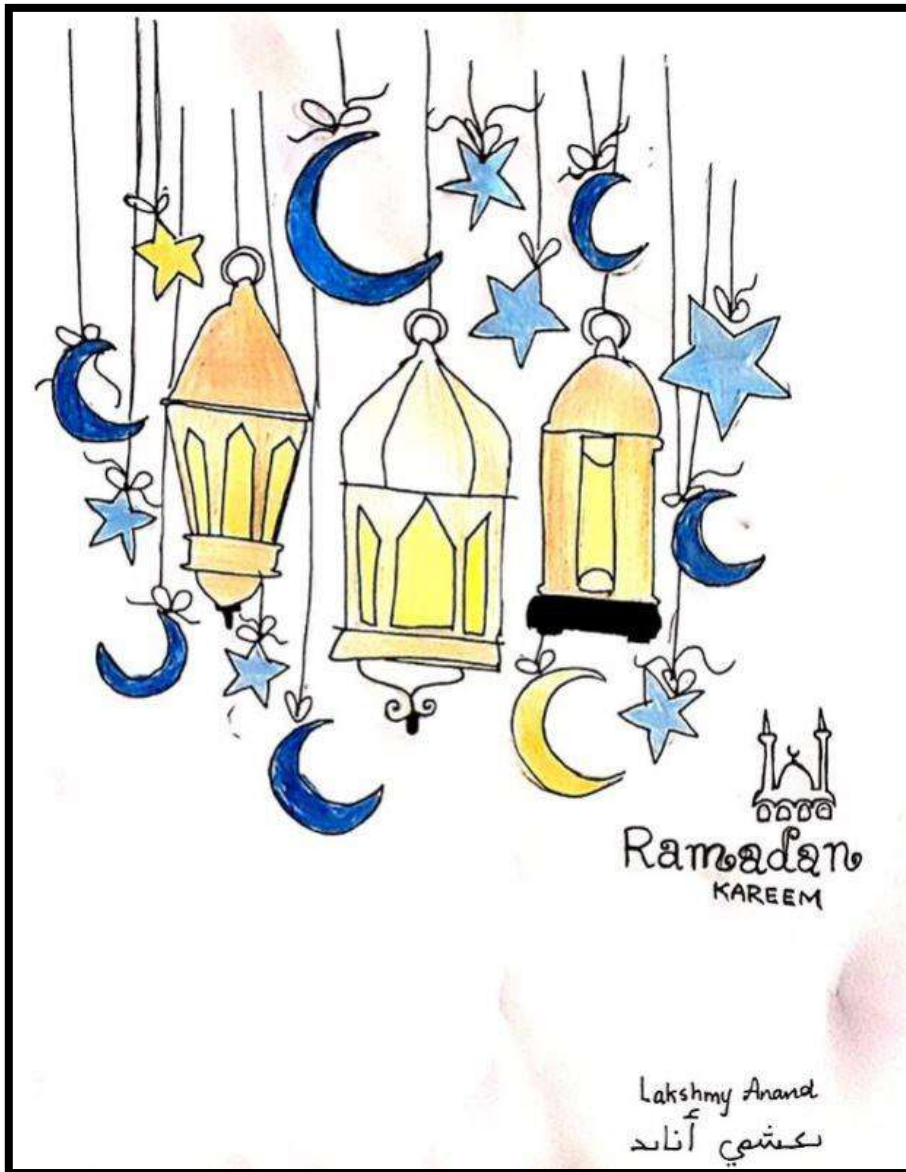


### REMOTE LESSON

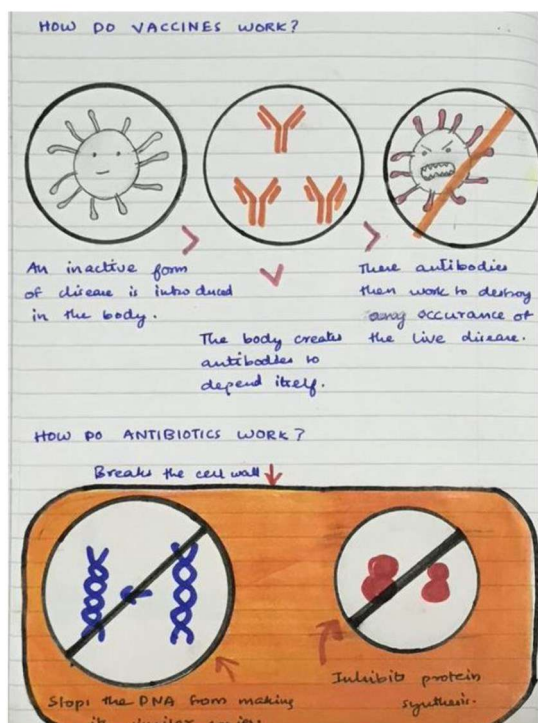
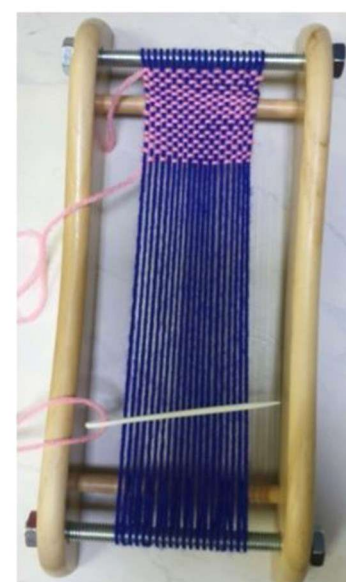
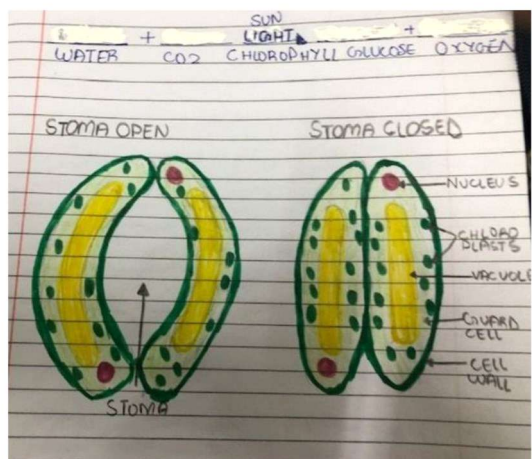




## RLP ACTIVITIES - MIDDLE SCHOOL



# RLP ACTIVITIES - MIDDLE SCHOOL





# RLP - SENIOR SCHOOL



## Checking the worksheet in the oneNote digital book

May 13:Worksheet-Python connectivity

Wednesday, May 13, 2020 7:12 AM

Excellent job Nived! You can do program to connect with database and store record of employee and display records

WORKSHEET INTERFACE...

1	Identify the name of connector to establish bridge between P a. <u>mysql.connection</u> b. connector c. <u>mysql.connect</u> d. <u>mysql.connector</u>
2	In the following connection string: Identify the elements: connect(<<1>> = 127.0.0.1, <<2>> = root, <<3>> = password, <<4>> = user) a. <<1>> = User, <<2>> = password, <<3>> = host b. <<1>> = host, <<2>> = user, <<3>> = password c. <<1>> = host, <<2>> = password, <<3>> = user d. <<1>> = IP, <<2>> = user, <<3>> = password
3	Which function of connection is used to check whether conr or not?

## Eco Assignment (13-05).pdf

Assignment

1) What will happen to PPC if there is technological upgradation in case of both the goods?

Ans) When there is an advancement of technology in respect to both the goods, then PPC will shift to right.

2) What does the point outside the PPC indicate?

Ans) The point outside the PPC indicates the 'Over Utilisation of Resources' which is not possible.

3) In which situation can PPC be a straight line?

Ans) A PPC curve can be straight line only if the MRT is constant throughout the curve. A MRT can remain constant if both the commodities are equally constant & the marginal utility from production is also constant.

TS Tahani Al Sukri

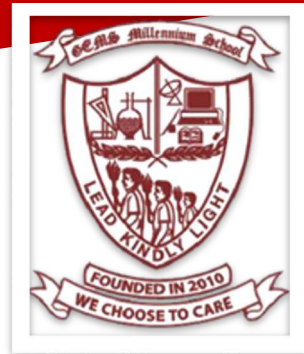
Student Work  
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Eco Assignment (13-05).pdf

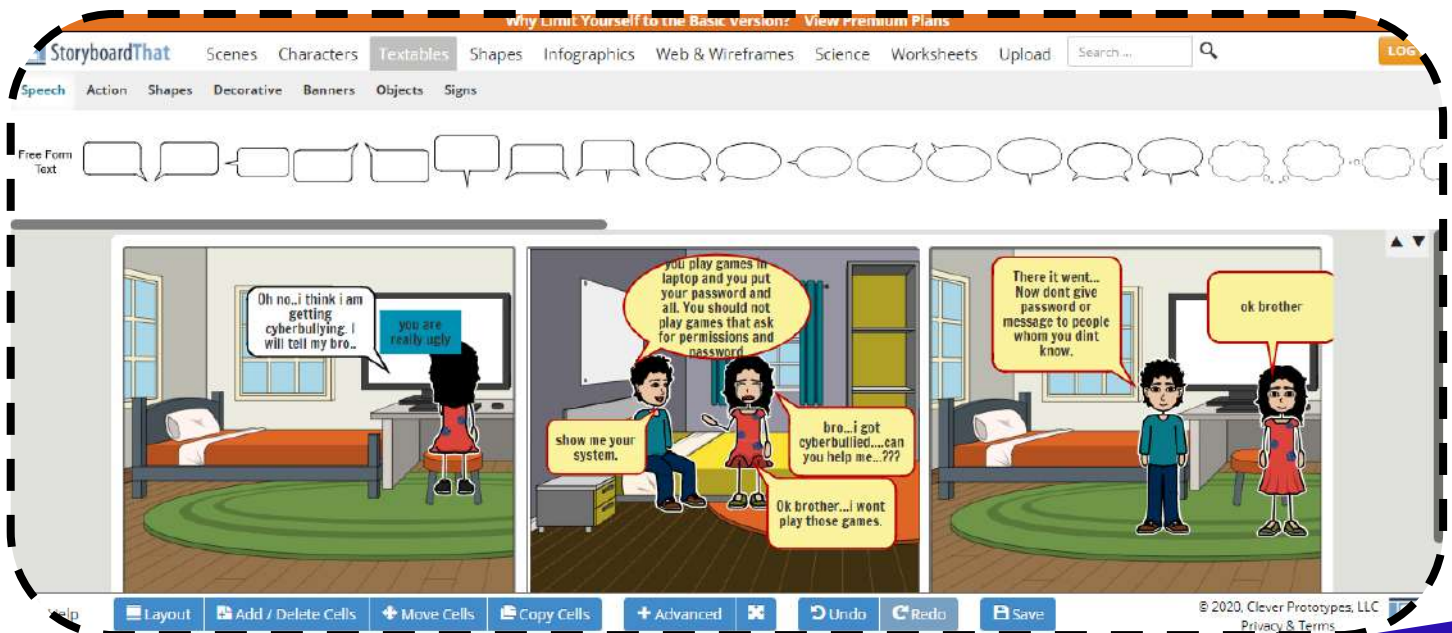
Feedback

Tahani, Very well done! Excellent presentation. In the Ans. no. 4(c) Growth of res. implies rightward shift in PPC as leads to growth of potential output. Kindly show it in diagram.

# COMMON SENSE MEDIA EDUCATION



## Saying No to Cyberbullying





## COMMON SENSE MEDIA EDUCATION



### Saying No to Cyberbullying



Moumita Chakraborty + 24 • 3h

#### How can we counter online hate speech and xenophobia?

Type your views pointwise, you can include pictures and gif images

Have you experienced Hate Speech? Mention at least one instance.

+

Jui Kanetkar

No, I haven't experienced hate speech as I am not very active on Social Media. However, I have seen others experiencing hate speech.

♡ 0

Add comment

How did you deal with Hate speech when you came across it?

+

Kashish

Block the person and if the comment is offensive then inform a trusted adult about it.

♡ 0

Add comment

Devika Ajay 3h

Have you ever faced Xenophobia? Mention at least one instance.

+

Reem Bimal

Yes i have faced it. There were a group of friends that started it but later on the misunderstandings were cleared out.

♡ 0

Add comment

Think of two ways by which we can counter Hate Speech and Xenophobia.

+

Meera

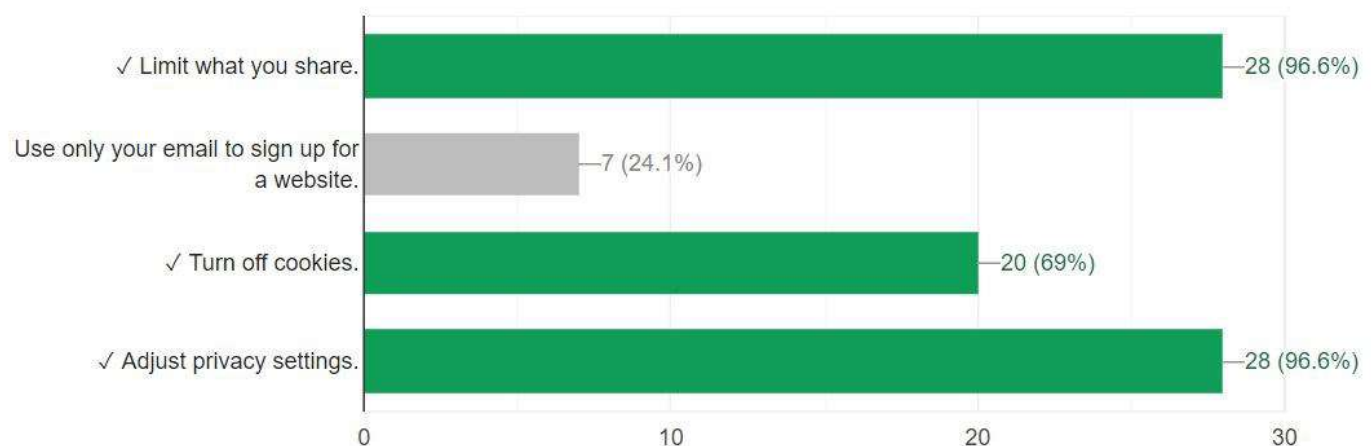
different people have different opinions. So we should accept it and should not take it seriously. Learn to ignore it.

♡ 0

Add comment

Select three ways you can limit what is tracked about you.

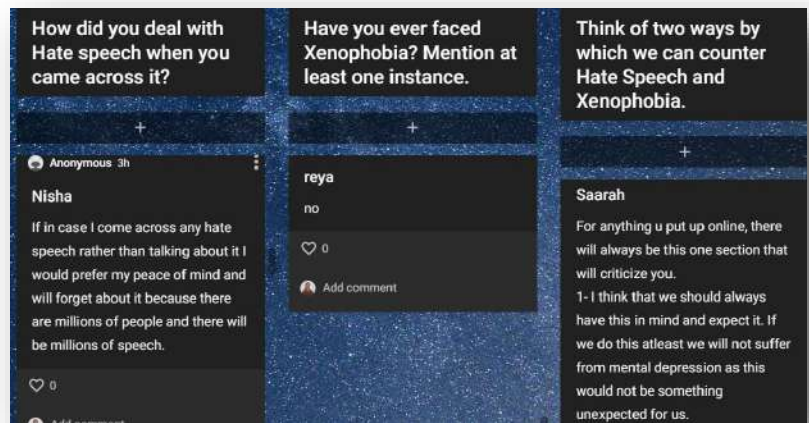
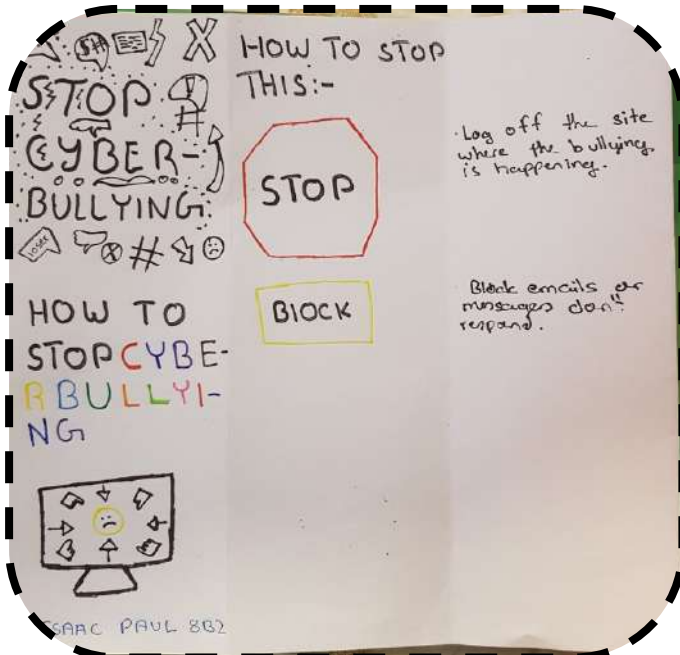
15 / 29 correct responses



# COMMONSENSE MEDIA EDUCATION

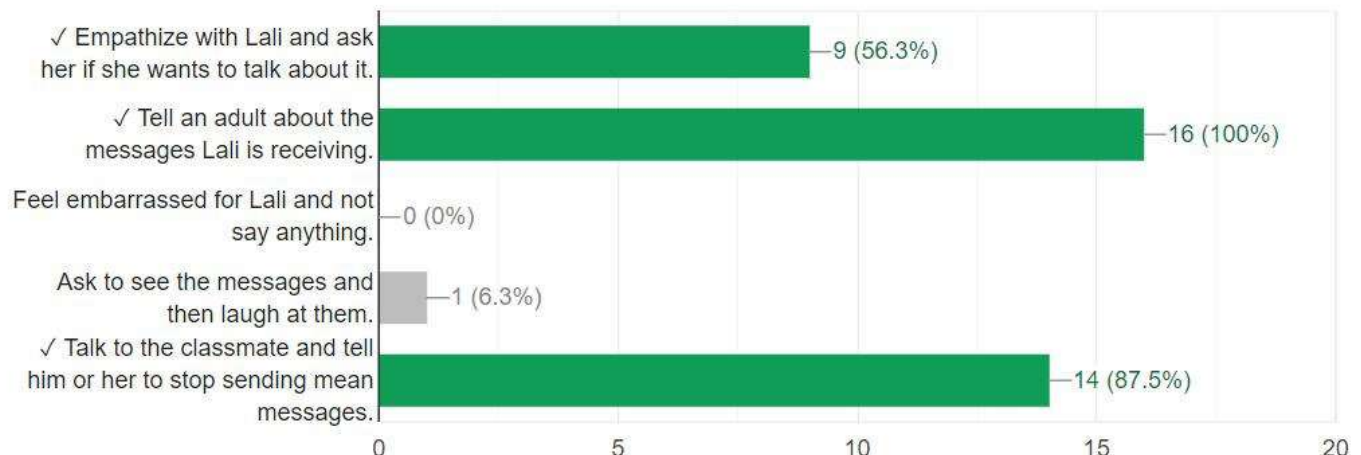


## Saying No to Cyberbullying



1. Lali tells Gloria that she keeps receiving mean messages on her cellphone from a classmate. If Gloria wants to be an upstander or an ally, which of the following could she do? Check all that apply.

7 / 16 correct responses





## STUDENT WELL-BEING



### FOCUSING ON STUDENT WELL-BEING IN TIMES OF CRISIS

At school, we recommend supporting student's safety through the model of three Cs: Communication, Consistency, and Control.

As Schools across remain closed, students with trauma, difficult home situation and anxiety need support now more than ever. The abrupt change can trigger stress and fear in students that can leave mental scars

#### COMMUNICATION

According to a study, "Simply talking about our problems and sharing our negative emotions with someone we trust can be profoundly healing – reducing stress, strengthening our immune system and reducing physical and emotional distress. Communication helps with coping and healing.

**Tip:** Everyday, before going to bed, have an open conversation/discussion at home with your children, set aside time for your children to speak out their needs and concerns. This will give you an insight on their safety concerns and their traumas. Patient hearing is very vital in every family.



#### CONSISTENCY

consistency  
is key

In these difficult and changing time, it is important to give children routines and consistency. Schedule might include wake up time, exercise time, reading time or nature time. Remember to give opportunities to give social interaction wherever possible. Assign household chores where all the members of the family can work together.

**Tip:** Sit together and plan out a schedule asking their choices so that children enjoy doing it and also show them the positive outcomes.

#### CONTROL: Self Care Plan

A self-care plan is an intervention that can give students a sense of control and prevent them from being completely consumed by emotional reactions. As child create their own self plan, it develops ownership and autonomy. Self-plan allow them to take time to think about what they want to do and how they want to do. Model creating such as music, exercise, coloring, art or meditation, activities that can help them feel better.

**Tip:** Putting compassion before content helps children learn and deal with the changes that are happening.

