

# GMS NEWSLETTER

MAY 1, 2020



## From the Principal's Desk



Like most of you, I cannot wait for the pandemic to be behind us and for life to go back to 'normal'. I miss School - I miss the opportunities to greet our students when they arrive at school, to visit classrooms, to engage with colleagues, and to feel the sense of energy, vibrancy, and joy that normally radiates throughout our campus.

I know many of our students and teachers are going through that same sense of loss. It is important for us as parents to acknowledge this sense of loss. And, it is equally important to reassure our children that this loss is not permanent. It is temporary. We will get through this, and we certainly look forward to celebrating in person with our students when we do get to see them again.

Even as we deal with this sense of loss, I also think it is important that we acknowledge with gratitude the many gifts that we are fortunate to have—our health, our families, the hard work of our teachers and our parents in supporting

students' learning, and the way our children have adapted during this time of adversity. I had the opportunity to speak with several senior school students today, and I was struck by their optimism and ability to balance positive as well as negative impacts of distance learning.

They spoke of missing their friends, the chance to work together in groups, and opportunities for hands-on learning with iLab and Makerspace projects. They said it was sometimes hard for all students to stay motivated and on-task. And, at the same time, they emphasized how much they appreciate the learning opportunities they do have, the progress they are making, and the sense of ownership they have in driving their learning. They built on each other's comments and navigated the MS Teams platform with confidence. One of them ended the meeting by saying: "Overall, you are doing a really good job, and we really appreciate it."

These are certainly not easy times, and I do want to thank our parents for all you are doing at home to support your children. We know this has added stress to parents' lives already complicated by work-based challenges, and we are grateful for your partnership.

As our confidence grows, we are trying to adhere to our calendar of events where possible. Over the course of this week, we have held the Parent Forum Meeting and the Local Advisory Board Meeting. We are close to finalising our Student Leadership, and will soon be hosting the Prefect Investiture Ceremony followed by the School Council Investiture. In early June, we will hold Talent Search Contest - Malakat At'tabeer - and I encourage every one of our students to use the opportunity to showcase their talent in the performing arts.

Life has thrown us a curveball. How you choose to react to it will determine whether you thrive or buckle. Now's the time to seize the opportunity to rethink, reset your goals and hit the refresh button. Adapt, Reinvent, Thrive!

Stay well!

# #gemscomingtogether



**Dear Teachers - We Thank You** for doing the most important work of all – educating the next generation. Thank you for being willing to work long hours and extending yourself far beyond your job description to help and mentor your students. Thank You for trying to figure out every day how to manage the needs of so many children and for wholeheartedly loving all of them.

Thank You for modeling patience, honesty, courage, perseverance, wisdom, responsibility, generosity, and a commitment to lifelong learning to the best of your ability each and every day in your Classroom.



Most of all, thank you for everything you have done and will continue to do to create a better future. There is no other profession that so directly shapes the world of tomorrow. Thank you for choosing to teach! We salute you!



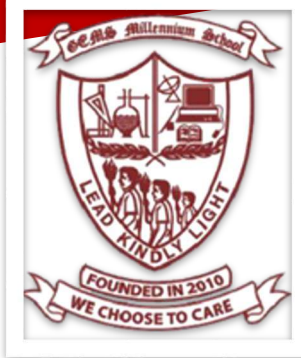
#gemscomingtogether



THANK YOU TEACHERS!



#gemscomingtogether



Students of Grade 12 have a message that they would like to share



# AWARD FOR EXCELLENCE



***Her Highness Sheikha Fatima Bint Mubarak  
Award for Excellence 2020***



**Priyanka Parimelazhagan**

**12 G1**

**The Proud Recipient of the Prestigious Award**

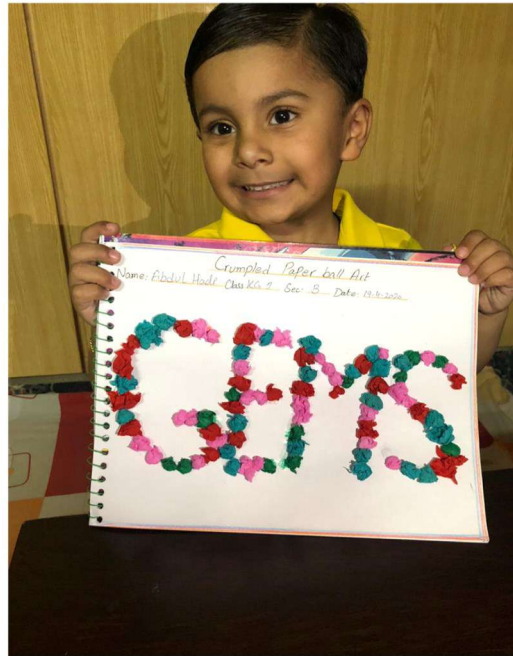
*Her Highness Sheikha Fatima  
Bint Mubarak Award for Excellence 2020*



## RLP ACTIVITIES - KINDERGARTEN



**SORTING OBJECTS**



**PAPER CRUMPLING ACTIVITY**

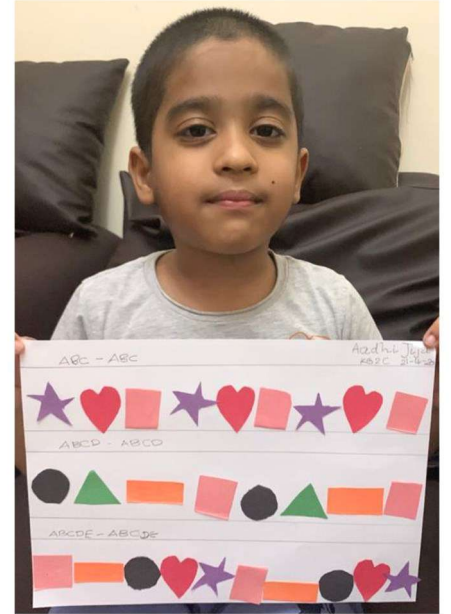
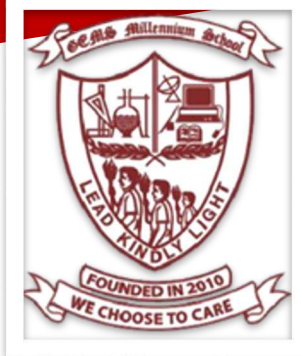


**PAINTING  
CURVES**





# RLP ACTIVITIES - KINDERGARTEN



## PATTERN MAKING ACTIVITIES



### SHAPES



### LETTER SOUNDS



### NUMBER BONDS

## MORNING MINDFULNESS

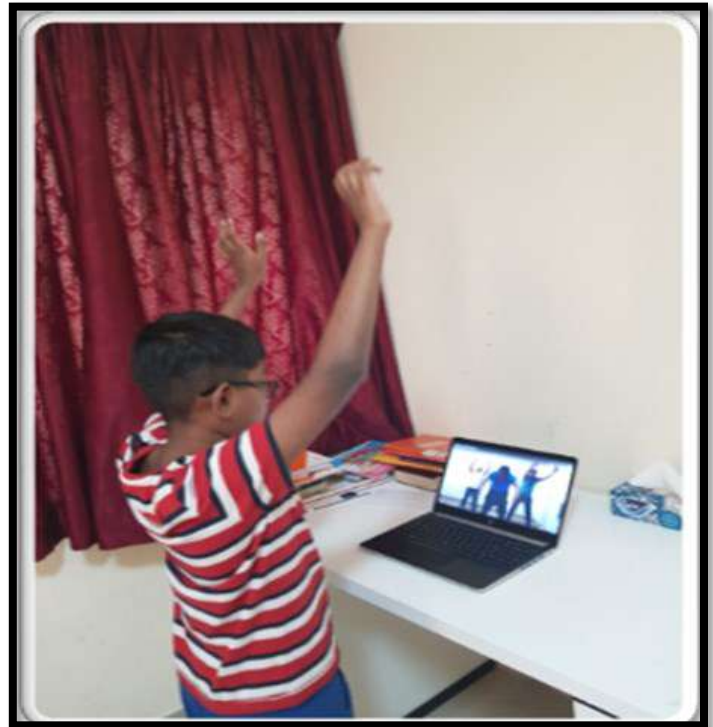


***Morning Mindfulness -  
Concentration, Focus, Attention***

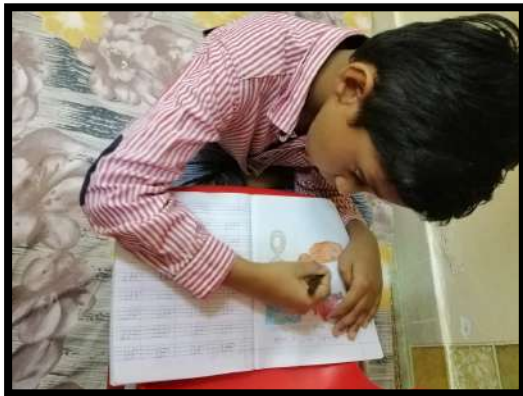




## MORNING MINDFULNESS



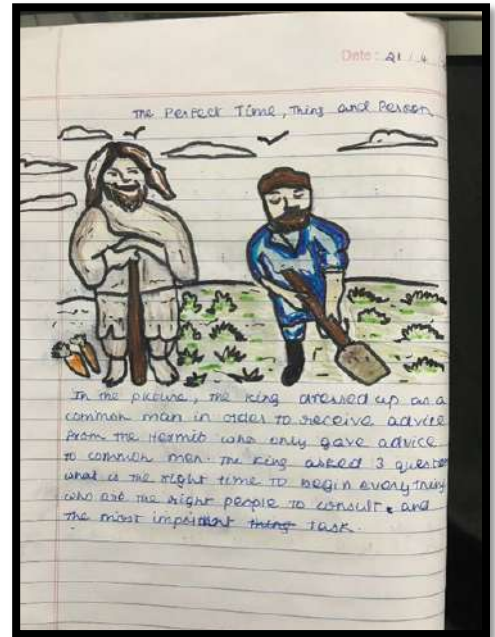
# RLP ACTIVITIES -PRIMARY SCHOOL



Wonderful samples of work by our Primary School students ..



## REMOTE LEARNING IN THE MIDDLE SCHOOL



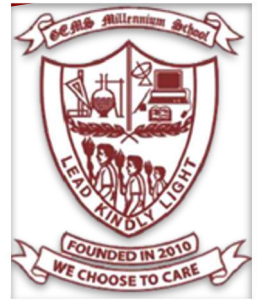
Question 2

Find a rational number between  $\frac{1}{4}$  and  $\frac{1}{2}$ .

$$\left(\frac{1}{4} + \frac{1}{2}\right) \div 2 = \left(\frac{1+2}{4}\right) \div 2 = \frac{3}{4} \div 2 = \frac{3}{8}$$

$\frac{3}{8}$  lies between  $\frac{1}{4}$  and  $\frac{1}{2}$ .

## REMOTE LEARNING IN THE SENIOR SCHOOL



PHYSICS CLASS

PSYCHOLOGY CLASS

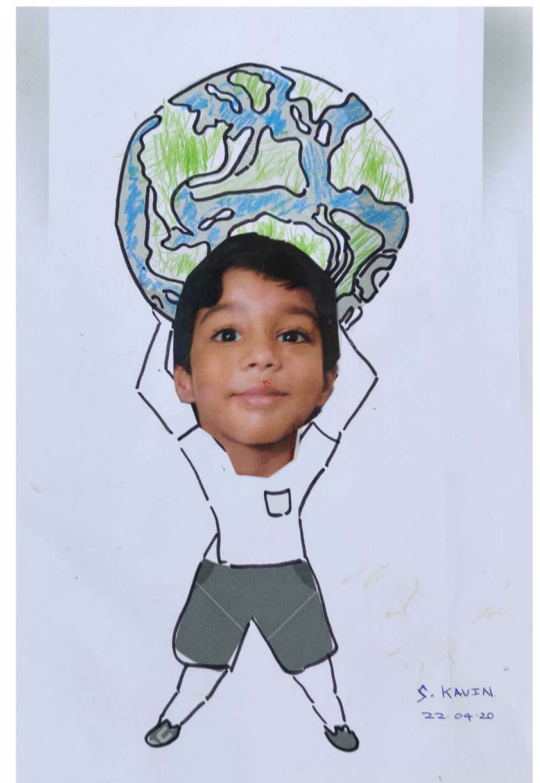




# EARTH DAY

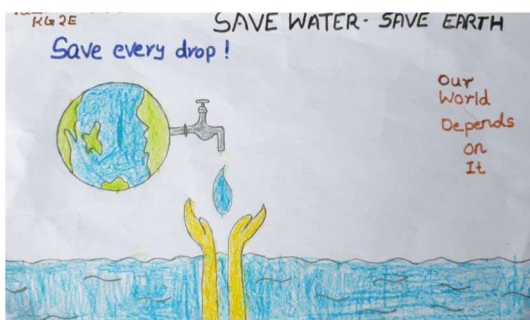
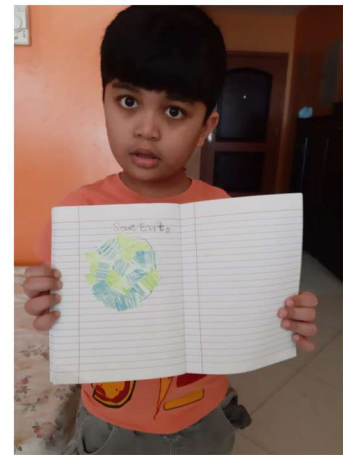
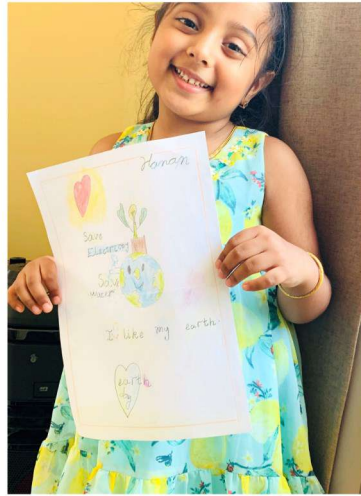
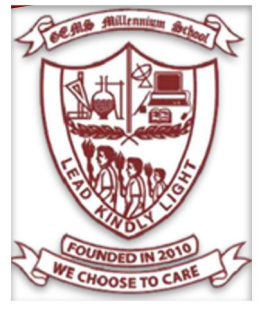


## KINDERGARTEN



# EARTH DAY

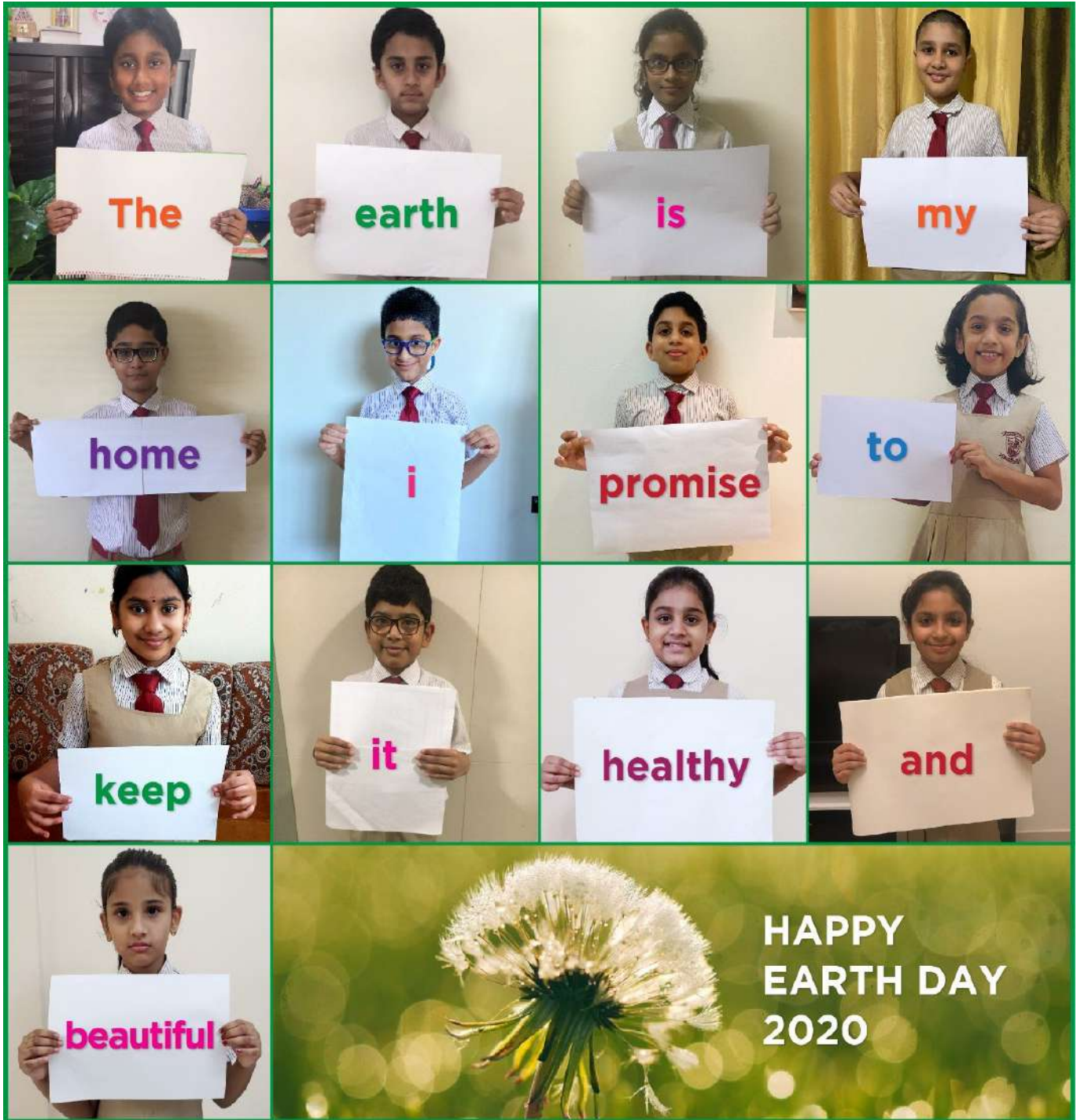
## KINDERGARTEN





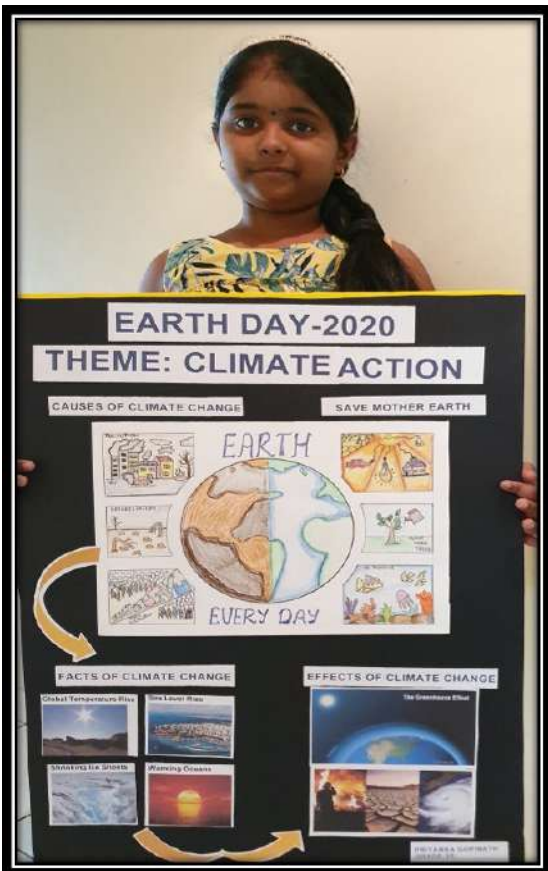
# EARTH DAY

PRIMARY SCHOOL



# EARTH DAY

PRIMARY SCHOOL





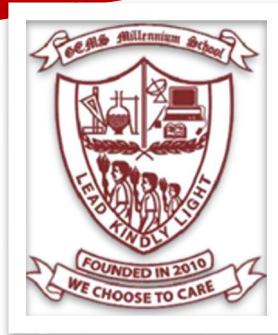
# EARTH DAY

## MIDDLE SCHOOL



## EARTH DAY IN QUARANTINE

SENIOR SCHOOL



*Earth Day (April 22, 2020) an occasion on which people from all over the world celebrate the beautiful place in which they live. Giving back to the land that has supported them for centuries. Tree Planting Drives, Awareness Campaigns, students taking up new initiatives, everyone doing whatever they can to save their Planet from further destruction. But this year it is different due to the current situation and the spread of the COVID-19 virus people are stuck in their houses prevented from moving.*



*Something I am proud of are the plants that I have planted which I have in my balcony, I see it as a place for spending my leisure time between the vibrant colored flowers. One of my happiest moments are birds building their nests and laying eggs and these eggs hatching. This creates a sense of pride that I have created a place where different species can coexist. The peaceful effect given by these plants transport me to another world in my imagination full of trees and plants and differently colored flowers. During this tough time of quarantine it helps me find an escape from the claustrophobic feeling of being shut in our houses, giving me something to think about. This has inspired me, and I pledge on this Earth Day to plant trees whenever I get the chance and I hope to encourage my friends to do the same. This quarantine time has made me realize the importance of celebrating Earth Day.*



Name: Anirudh Ajith Kumar

Grade: 11 B1



## EARTH DAY IN QUARANTINE

SENIOR SCHOOL



sauver l'arbre, sauver la vie....



22  
Avril  
2020

## JEWELS OF KINDNESS



WHEEL OF KINDNESS



HELPING WITH DAILY CHORES







# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – KG 1



**DEVANAND KELAMKULANGARA  
MANOJ KG1 A**



**RISHIDEV KARTHICK GAYATHRI  
KG1 B**



**ADAM AYMAN PAMBINA-  
ZHUTH SHAJMAL KG1 C**



**TANVI GANESH KANCHAN**



**NITHILA ANANDA PRAKASH  
KG1 E**



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – KG 1



**AYSHA ZANHA PADIYATH**

**KG1 F**



**GAHAN BOPANA**

**KG1 G**



**ARUSHI ANEESH**

**KG1 H**



**DHWITI RAHUL**

**KG1 I**





# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – KG 2



**RAHMAH ARIF**

**KG2 A**



**AMINA ZAHRA AMEER**

**KG2 B**



**RYAN ROY**

**KG2 C**



**JAGANNATH SUNIL KUMAR**

**KG2 D**



**ADHVIK RAJITH**

**KG2 E**



**SHIZA REHMAN**

**KG2 F**



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – Grade 1



**NAVANEETHA KRISHNAN**  
**GRADE 1A**



**ADHVIK DHANESH**  
**GRADE 1B**



**VEDA ABHILASH**  
**GRADE 1C**



**AAMINAH SHEKH**  
**GRADE 1D**





# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 1



**BRIGIN BABU PYNADATH**  
**GRADE 1E**



**VIHAAN NILESH JOSHI GRADE**  
**GRADE 1F**



**VARNITH PRAKASH**  
**GRADE 1G**



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 –GRADE 2



**REHANSH ARORA**  
**GRADE 2A**



**ZOYA MARIAM**  
**GRADE 2B**



**ARNAV ANISHKUMAR**  
**GRADE 2C**



**SERENA SIBI MATHEWS**  
**GRADE 2D**



**AADITHYA RANJITH**  
**GRADE 2E**





# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 –GRADE 3



**RAKIN AADIL RAJA**  
**GRADE 3A**



**AISHA MEHREEN FAIZAL**  
**GRADE 3B**



**RIDA SIDDIQUE**  
**GRADE 3C**



**NILEENA MARIAM JONESH**  
**GRADE 3D**



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 3



**PRIYANKA GOPINATH**  
**GRADE 3E**



**CHRISTINA MARY RAJAN**  
**GRADE 3F**







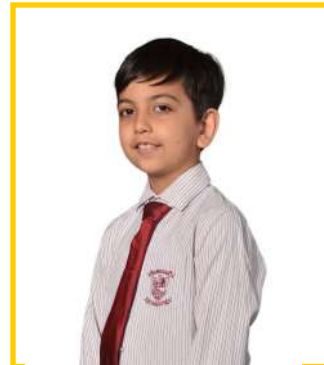
# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 4



**LAKSHMINARASIMHAN**  
**GRADE 4B**



**MOHAMMAD YOUSUF**  
**GRADE 4B1**



**TANMAY ANOOP**  
**GRADE 4BG**



**SREEJA RAMKUMAR**  
**GRADE 4G**



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 5



**FAHAD SHABBIR PATEL**  
**GRADE 5B**



**ZION SAMBHAV RODRICKS**  
**GRADE 5B1**



**KRISHNAMIKA KRISHNAKUMAR**  
**GRADE 5G**



**RHEA VASWANI**  
**GRADE 5G1**





# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 6



**ETHAN MANOJ**  
**GRADE 6B**



**GAURAV MAHESH HEMRAJANI**  
**GRADE 6B1**



**MAYANK RAMPRAKASH JAMUNA**  
**GRADE 6B2**



**RYAN GEORGE THOMAS**  
**GRADE 6B3**



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 6



**TAMSEEL MUHIQ KHAN**  
**GRADE 6G**



**ANGELA VERGHESE**  
**GRADE 6G1**



**SOPHIA SIBI MATHEWS**  
**GRADE 6G2**





# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 7



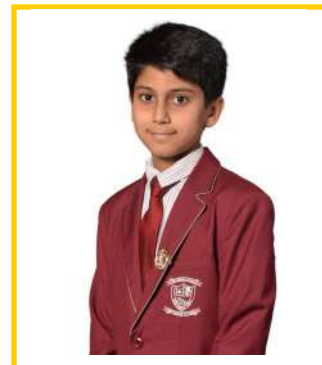
AZIZ ABDULFAIZOV  
GRADE 7B



ATHARVA BHARGAV RAJPURA  
GRADE 7B1



ABHINAV AMBAT  
GRADE 7B2



MOHAMMAD ABDUL RAZZAQ SIDDIQUE  
GRADE 7B3



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 7



LAAIBAH MAHREEN  
GRADE 7G



KHUSHI HEMANTH RAJASHEKHRAPPA  
GRADE 7G1



SREYA BINESH  
GRADE 7G2



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 8



**ADIT SREEKUMAR PILLAI**  
**GRADE 8B**



**MOHOMMAD AMMAAR SHAREEF**  
**GRADE 8B1**



**SHASHWAT SINGH**  
**GRADE 8B2**





# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 8



**MALAVIKA REGHUNATH NAIR**  
**GRADE 8G**



**SANAA RIZWAN**  
**GRADE 8G1**



**ANUPAMA PADINCHARETHIL**  
**GRADE 8G2**



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 9



SYED ZIDANE  
GRADE 9B



PRAKETH PARAYIL  
GRADE 9B1



VISHAL RAGHAVENDRA NAYAK  
GRADE 9B2



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 9



HARPREET KAUR  
GRADE 9G



ANDRIA VINOD  
GRADE 9G1







# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 10



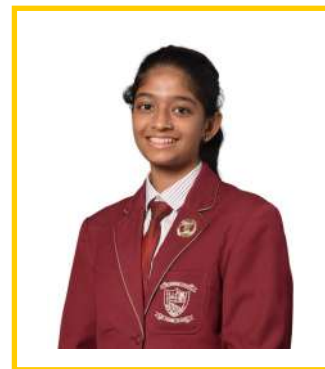
MAYANK TADEPALLI LAKSHMI  
GRADE 10B



FAISAL MUJAWAR  
GRADE 10B1



JUI KANETKAR  
GRADE 10G



AISHWARYA BALAKRISHNAN  
GRADE 10G1



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 11



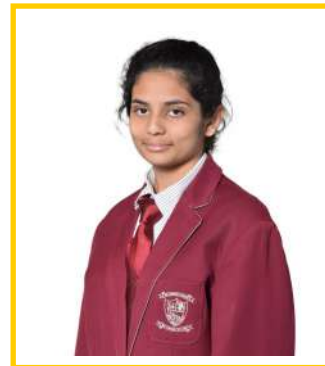
KARTHIK KRISHNA VIRIYALA  
GRADE 11 B1



ABDUL MALIK MOHSIN  
GRADE 11B2



HANNA ABDUL MAJEED  
GRADE 11G1



SAKINA MUSTANSIR QUTU  
GRADE 11G2



# OUR STAR STUDENTS

MAY 1, 2020

## Star Student of the Month - April 2020 – GRADE 12



ABHI SHARMA  
GRADE 12B1



ANIRUDH NAMBIAR GANESH  
GRADE 12B2



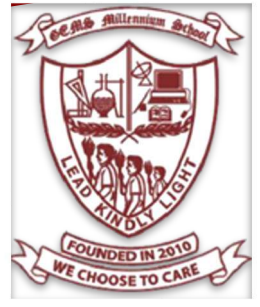
FIZA FATHIMA SHAHUL HAMEED  
GRADE 12G1



SHIVNA BHATIA  
GRADE 12 G2



# A PARENT GUIDE



## MOVEMENT BREAK IDEAS FOR KIDS

By our Special Educator - Ann Johnson

- ♦ Stand up and stretch in your breaks
- ♦ Take a walk to the kitchen for a drink. A little movement combined with an **alerting oral sensory** experience may be just enough to get kids' focus back after sitting for a long period of time.
- ♦ Let kids take a moment to bounce on an exercise ball...roll, shift, bounce, lay on their stomachs.
- ♦ Ask to do few minutes of your child's favourite Mindfulness video!
- ♦ Call out "Stand for five!" – letting kids know that they must work standing up for five minutes.
- ♦ Provide opportunities for your kid to work in alternate positions such as lying on the floor, in bean bag chairs etc. for a specific allotted time.
- ♦ Encourage to focus at a distant point from your window for some time. It will relax their eyes.
- ♦ Try out a WOBBLE CUSHION in the chair where the student is seated. It is great for kids who gets tired easily by sitting and to those who like moving. (costs around AED 60)

### Images for wobble cushion for sitting amazon



## VISUAL LEARNING CHECKLIST



### WHAT I SHOULD DO TO BE READY FOR MY ONLINE CLASSES?



Get up early



Start with a Prayer



Take a shower and get dressed up smartly



Have your breakfast



Arrange a table and chair for yourself



Check the timetable of the day and keep all the required books on the table



DO the Mindfulness Exercise to be FIT



Wait for the TEAMS call from your Teacher with a SMILE!

*Am I ready for my online lessons*